Parent Resource Centre

Growing Together
Early Literacy Specialist

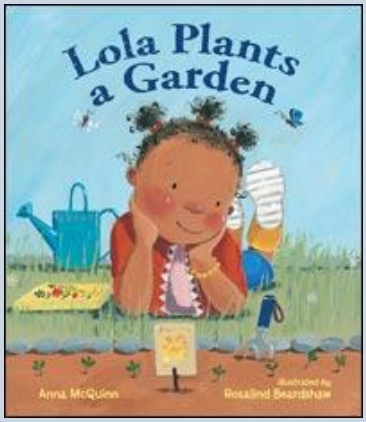
Spring into Literacy!

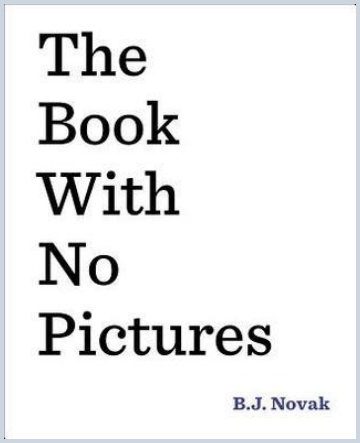
Write

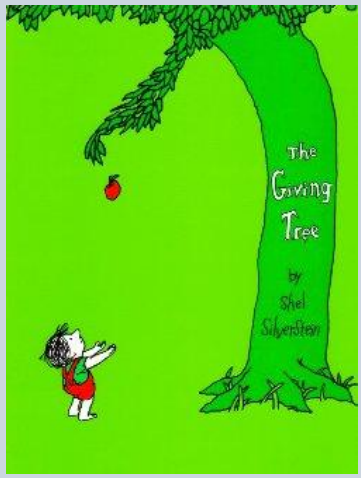
FINE MOTOR DEVELOPMENT

Wash toy cars using shaving cream cans and spray bottles filled with water. The motion of pressing the nozzle and squeezing the trigger helps develop hand muscles!

Read







Play

Plant some easy to grow plants, herbs or vegetables with the children. Don't forget to water them!

Not only are children exploring scientific concepts, they are learning to be responsible while having fun!

Tip: Glue a picture of your face on the glass to make it looks like you're growing hair!!

Sing

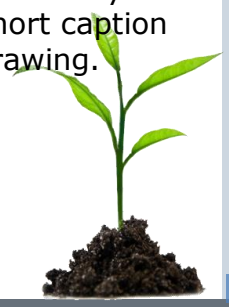
I'm a Little Seed
(to the tune of "I'm a Little Teapot")

I'm a little seed,
Brown and fat,
I haven't got a front,
And I haven't got a back.
Plant me in the earth,
Give me water each day,
I'll grow to be an apple tree,
While you play!

Talk

Check your plants every few days and talk to your child about the changes they see. Ask them to describe what is happening to their plant as it grows.

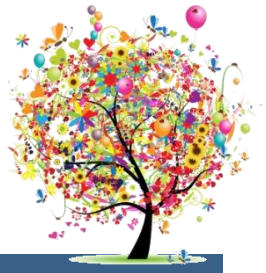
Tip: If your child has difficulty talking about the changes, ask them to draw a picture of what they see and write a short caption under their drawing.



Parent Resource Centre

Growing Together
Early Literacy Specialist

Spring into Literacy!



Spring 2015 Newsletter

StoryWalks® in Ottawa

May 8th 2015 @ Lansdowne Park 9:00am – 12:00pm
Join the Parent Resource Centre and GottaWalk for a StoryWalk®, games for children, Yoga, walking and some snacks!
Register here

May 8th 2015 @ Greenboro Park 9:30am-11:00am
The Ontario Early Years Centre Ottawa South will once again be holding a StoryWalk reading the book "Planting a Rainbow" b y Lois Ehlert.

May 27th 2015 @ at the Beaver Trail , Stoney Swamp, Moodie Drive, P8, 10:00 a.m. to 11:30 a.m. Join the OEYC Nepean-Carleton for a StoryWalk for "Is Your Mama a Llama?" by Deborah Guarino.

May 19th 2015 @ Andrew Haydon Park 1:00pm-2:30pm
Come join us for an adventurous walk in the park and discover a new way to read books! Stories will be geared to preschoolers (2½-5 years), but all are welcome. Engage in fun physical activity and spend quality time with your child. Let nature and books be your guide! Participate in a take home craft or activity and end up at the playground!

Check this out!

How much technology is too much?

Technology can be great for your child's development — if it's used the right way. The Parent Resource Centre offers some guidelines to keep in mind.

Parenting in Ottawa - Where parents go to get in the know

Parenting in Ottawa is a new resource for parents created by Ottawa Public Health and its community partners. Check us out on Facebook!