

RESOURCES AND SERVICES FOR RIDEAU FAMILIES

Prenatal to 12 years

Last updated: March 2017

Pregnancy & Babies	Parenting & Family Programs	Child care	Education	Social, Emotional & Behavioral	Health Services	Nutrition & Food Banks	Other Community Services & Resources	
<p>Babytime Ottawa Public Library Manotick 5499 South River 613-692-3854</p> <p>La Leche League of Canada - Manotick/Barrhaven Knox Presbyterian Church 5533 Dickinson St. 613-838-8809 613-565-1143 613-282-1307</p>	<p>Drop-In Playgroup St. James Anglican Church 1138 Bridge St. 613-742-5500</p> <p>Family Storytime Ottawa Public Library North Gower 6579 Fourth Line 613-580-2940</p> <p>Family Storytime; Toddler Time Ottawa Public Library Manotick 5499 South River 613-692-3854</p>	<p><u>DAYCARE & NURSERY SCHOOL:</u></p> <p>Global Child Care Services – Rideau Valley Child Care Centre 5858 Rideau Valley Dr. North 613-692-4625</p> <p>Manotick Cooperative Nursery School 5572 Doctor Leach Dr. 613-692-2188</p> <p>North Gower Cooperative Nursery School Inc. 2300 Community Way 613-489-4271</p> <p><i>Please consult with individual school boards for a list of extended day programs:</i></p> <p>OCD SB 613-596-8760 OCSB 613-224-4455 x2382 CECCE 613 744 2555 x33253 CEPEO 613-742-8960 x3176</p>	<p><u>HOME CHILD CARE:</u></p> <p>CentrepoinTE Child Care Services 613-225-4819</p> <p>City View Centre for Child and Family Services 613-823-7088 x228</p> <p>Community Child Care of Ottawa 613-592-4636</p> <p>La Maisonnée 613-789-3020 x243</p> <p>Metcalfe Home Daycare 613-821-2899</p> <p>Mothercraft Ottawa 613-728-1839</p> <p>Odawa Sweetgrass 613-722-3811 x234</p> <p>Totlot Childcare 613-727-0010</p> <p>Wee Watch Enriched Home Child Care 613-825-9425</p> <p>Ottawa Carleton District School Board 613-721-1820 www.ocdsb.ca School Locator Tool: www.ocdsb.ca/sch/sli/Pages/SchoolLocatorMap.aspx</p> <p>Ottawa Catholic School Board 613-224-2222 www.ocsb.ca School Locator Tool: http://schoollocator.ocsb.ca:8081/Eligibility.aspx?Page=School</p> <p>Conseil des écoles catholiques du Centre-Est 613-744-2555 www.ecolecatholique.ca School Locator Tool: https://www.ctso.ca/Eligibility.aspx?Page=School</p> <p>Conseil des écoles publiques de l'Est de l'Ontario 613-742-8960 www.cepeo.on.ca School Locator Tool: https://www.ctso.ca/Eligibility.aspx?Page=School</p> <p><i>Please note that the four school boards represent only publicly-funded schools.</i></p>	<p><i>Please consult with individual school boards to determine which school a child can attend:</i></p>	<p><i>Please refer to city-wide services directory</i></p>	<p><i>Please refer to city-wide services directory</i></p>	<p><i>Please refer to city-wide services directory</i></p>	<p>Affordable Housing Nepean Housing 613-823-8452</p> <p>Ottawa Public Libraries:</p> <p>Manotick 5499 South River 613-692-3854</p> <p>North Gower 6579 Fourth Line 613-580-2940</p> <p>Although not located in this neighbourhood, the following agencies provide services to Rideau residents:</p> <p>South Nepean Satellite Community Health Centre 4100 Strandherd Dr., Suite 201 613-288-2820</p>

This list of neighbourhood resources and services and a city-wide list can be found online at:
www.ottawabeststart.com *and* www.parentresource.ca

For more information:
information@parentresource.ca
613-565-2467 x222

YOU CAN ALSO CALL:
Services available in multiple languages

211 – Information and referral for community, social, government, and health services

311 – Line for municipal services such as road repairs, garbage removal, housing services, parks & recreation, child care, Bookmobile, emergency shelters

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