PRC CRP
parentresource.ca

# Parent Resource Centre's Playgroup Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|
| **9:00- 11:30**<br>Playgroup (E)<br>Caregivers<br>(0 to 6 years)<br>Toy Library | **9:00- 11:30**<br>Groupe de jeu francophone (F) offert par Grandir Ensemble<br>Joujouthèque | **9:00- 11:30**<br>Playgroup (E)<br>Parents<br>(0 to 6 years)<br>Toy Library | **8:45- 10:00**<br>Playgroup (E)<br>Open to All<br>(0 to 6 years)<br>Toy Library | **NO PROGRAMS OFFERED ON FRIDAYs @ The Parent Resource Centre (300 Goulburn Crescent)** | **9:00- 11:30**<br>Playgroup (E)<br>Open to All<br>Toy Library<br> |
| | | | **10:15- 11:30**<br>Playgroup (E)<br>Open to All<br>(0 to 6 years)<br>Toy Library | | |
| **1:30 – 2:30**<br>Massage, Music & Movement (MMM)<br>(0 to 12months)<br>(Registration Required) | **1:00 – 3:00**<br>Open to All<br>No Facilitator(E/F) | **1:00 – 3:00**<br>Open to All<br>No Facilitator(E/F) | **1:30 – 3:00**<br>The Baby Group<br>(0 to 18months)<br>(E)<br>Toy Library | | |
| | **Playgroups and programs located offsite:-** | | | | |
| **9:30- 11:30**<br>Playgroup (E)<br>Meeting Room at 450 Laurier Ave, West.<br>(0 to 6 years) | | **9:30 – 11:30**<br>Playgroup (E)<br>Carsons Community House<br>710 Carsons Ave.<br>(0 to 6 years) | **9:30- 11:30**<br>Playgroup (E)<br>Meeting Room at 450 Laurier Ave, West.<br>(0 to 6 years) | **9:00- 11:00**<br>Playgroup (E)<br>Dalhousie Community Centre<br>755 Somerset St.<br>(0 to 6 years) | |

The Parent Resource Centre (PRC) provides programs for children to explore and develop new skills in a safe and fun environment while their parents, grandparents and caregivers connect.

**Legend**

**(E):** English Program / **(F):** French Program

**No Facilitator:** Staff is on site for support or questions but not leading sessions

**Caregivers Only:** Children who are accompanied by caregiver or grandparents welcome

**Parent Only:** Children who are accompanied by their parent, grandparent or guardian welcome

**Open to All:** Children who are accompanied by either parents, grandparents, guardians or caregivers welcome

**Toy Library:** Borrow toys and resource books for home

**For more information or to register for programs or workshops visit**
www.parentresource.ca
613-565-2467
**or email us at**
information@parentresource.ca

**Donate now to make a difference in a child's life.**

*Last Update: 16th Oct 2017*