

RESOURCES AND SERVICES FOR WEST CARLETON FAMILIES

Prenatal to 12 years

Last updated: March 2017

Pregnancy & Babies

Parenting & Family Programs

Early Learning and Child Care

Education

Social, Emotional & Behavioral

Health Services

Nutrition & Food Banks

Other Community Services & Resources

Please refer to city-wide services directory

Constance Bay/ Bucham's Bay Community Playgroup
Constance Bay Community Centre
262 Len Purcell Dr.
www.cbbca.ca

Family Story Time
Ottawa Public Library
Carp
3911 Carp Rd.
613-839-5412

Kinburn Community Playgroup
Kinburn Community Center
3045 Kinburn Side Rd.
613-832-2951

Open Drop-In (0-6 years)
Outreach Location - Early Years Centre
Carp
434 Donald B. Munro Dr.
613-591-3686

DAYCARE & NURSERY SCHOOL

Carp Co-operative Nursery School
3774 Carp Rd.
613-839-3416

Carp Ridge Forest Preschool and Kindergarten
2386 Thomas A Dolan Pkwy
613-839-1179

West Carleton Kids' Korner
5670 Carp Rd.
613-832-1300

Please consult with individual school boards for a list of extended day programs:

OCDSB
613-596-8760
OCSB
613-224-4455 x2382
CECCE
613 744 2555 x33253
CEPEO
613-742-8960 x3176

HOME CHILD CARE

Community Child Care of Ottawa
613-592-4636

La Maisonnée
613-789-3020 x243

Odawa Sweetgrass
613-722-3811 x234

Wee Watch Enriched Home Child Care
613-825-9425

Please consult with individual school boards to determine which school a child can attend:

Ottawa Carleton District School Board
613-721-1820
www.ocdsb.ca
School Locator Tool:
www.ocdsb.ca/sch/sl/Pages/SchoolLocatorMap.aspx

Ottawa Catholic School Board
613-224-2222
www.ocsb.ca
School Locator Tool:
<http://schoollocator.ocsb.ca:8081/Eligibility.aspx?Page=School>

Conseil des écoles catholiques du Centre-Est
613-744-2555
www.ecolecatholique.ca
School Locator Tool:
<https://www.ctso.ca/Eligibility.aspx?Page=School>

Conseil des écoles publiques de l'Est de l'Ontario
613-742-8960
www.cepeo.on.ca
School Locator Tool:
<https://www.ctso.ca/Eligibility.aspx?Page=School>

Please note that the four school boards represent only publicly-funded schools.

Please refer to city-wide services directory

Parenting in Ottawa Drop-In
Kinburn Community Centre
3045 Kinburn Side Rd.
613-PARENTS
613-727-3687

Country Kitchen in Fitzroy, Carp and Kinburn
Kinburn Community Center
3045 Kinburn Side Rd.
613-832-2481

Ottawa Good Food Boxes:

Stonecrest Elementary School
3791 Stonecrest Rd.
613-558-7569

St. James Anglican Church
613-257 3178

Good Food Market (Summer Only)
St. Gabriel's Romen Catholic Church
205 Bayview Dr.
613-832-1070

West Carleton Food Access Centre
West Carleton Community Complex
Service Centre
5670 Carp Rd.
613-839-5685

Please refer to city-wide services directory

This list of neighbourhood resources and services and a city-wide list can be found online at:

www.ottawabeststart.com and www.parentresource.ca

For more information: information@parentresource.ca

613-565-2467 x222

YOU CAN ALSO CALL:

Services available in multiple languages

211 – Information and referral for community, social, government, and health services

311 – Line for municipal services such as road repairs, garbage removal, housing services, parks & recreation, child care, Bookmobile, emergency shelters