Meilleur départ
Best Start Ottawa
www.ottawabeststart.com

RESOURCES AND SERVICES FOR OSGOODE FAMILIES

Prenatal to 12 years

Last updated: March 2017

PRC CRP
parentresource.ca

Pregnancy & Babies

Babytime
Ottawa Public Library Osgoode
5630 Osgoode Main St.
613-580-2940

Emergency Baby Cupboard; "Lullababies" Playgroup for Babies and Toddlers (0-14 months); Prenatal Plus Classes
Live & Learn Resource Centre
8243 Victoria St.
613-821-2899

Parenting & Family Programs

English Playgroup (0-6 years); Hop on Pop Saturday Playgroup for Kids and Dads); Playgroup for Childcare Providers Only ($)
Metcalfe Live & Learn Centre
8243 Victoria St.
613-821-2899

English Playgroup (0-6 years)
Osgoode Youth Association
5479 Osgoode Main St.
613-821-2899

Family Storytime:

Ottawa Public Library Greely
1448 Meadow Dr.
613-580-2940

Ottawa Public Library Metcalfe
2782 8th Line Rd.
613-580-2940

Ottawa Public Library Osgoode
5630 Osgoode Main St.
613-826-2227

Greely Co-operative Playgroup
Greely Community Centre
1448 Meadow Dr.

Child Care

DAYCARE & NURSERY SCHOOL

Manotick Montessori Casa Dei Bambini Nursery School
5710 Longshadow St.
613-692-1969
613-692-1911

Metcalfe Co-op Nursery School
8140 Victoria St.
613-821-3196

Osgoode Cooperative Nursery School
5660 Osgoode Main St.
613-826-2528

Please consult with individual school boards for a list of extended day programs:

OCDSB
613-596-8760
OCSB
613-224-4455 x2382
CECCE
613 744 2555 x33253
CEPEO
613-742-8960 x3176

HOME CHILD CARE

Children's Village of Ottawa Carleton
613-725-2040

City View Centre for Child and Family Services
613-823-7088 x228

Global Child Care Services
613-742-5500

La Maisonnée
613-789-3020 x243

Metcalfe Home Daycare
613-821-2899

Odawa Sweetgrass
613-722-3811 x234

Parents Home Child Care
613-233-9268

Totlot Childcare
613-727-0010

Wee Watch
613-825-9425

Education

Please consult with individual school boards to determine which school a child can attend:

Ottawa Carleton District School Board
613-721-1820
www.ocdsb.ca
School Locator Tool:
www.ocdsb.ca/sch/sl/Pages/SchoolLocatorMap.aspx

Ottawa Catholic School Board
613-224-2222
www.ocsb.ca
School Locator Tool:
http://schoollocator.ocsb.ca:8081/Eligibility.aspx?Page=School

Conseil des écoles catholiques du Centre-Est
613-744-2555
www.ecolecatholique.ca
School Locator Tool:
https://www.ctso.ca/Eligibility.aspx?Page=School

Conseil des écoles publiques de l'Est de l'Ontario
613-742-8960
www.cepeo.on.ca
School Locator Tool:
https://www.ctso.ca/Eligibility.aspx?Page=School

Please note that the four school boards represent only publicly-funded schools.

Social, Emotional & Behavioral

Please refer to city-wide services directory

Health Services

Parenting in Ottawa Drop-In

Metcalfe Live & Learn Centre
8243 Victoria St.
613-PARENTS
613-727-3687

Nutrition & Food Banks

Please refer to city-wide services directory

Other Community Services & Resources

Ottawa Public Libraries:

Greely
1448 Meadow Dr.
613-580-2940

Metcalfe
2782 8th Line Rd.
613-580-2940

Osgoode
5630 Osgoode Main St.
613-826-2227

Affordable Housing
Nepean Housing
613-823-8452

Although not located in this neighbourhood, the following agencies provide services to Osgoode residents:

Andrew Fleck Child Care Services
600-700 Industrial Ave
613-736-5355

South Nepean Satellite Community Health Centre
4100 Strandherd Dr., Suite 201
613-288-2820

This list of neighbourhood resources and services and a city-wide list can be found online at:
www.ottawabeststart.com ***and*** www.parentresource.ca

For more information:
information@parentresource.ca
613-565-2467 x222

YOU CAN ALSO CALL:
Services available in multiple languages

211 – Information and referral for community, social, government, and health services

311 – Line for municipal services such as road repairs, garbage removal, housing services, parks & recreation, child care, Bookmobile, emergency shelters

Distress Centre – Distress Line: 613-238-3311 & Mental Health Crisis Line: 613-722-6914 www.dcottawa.on.ca/english/services/services.html / Kids Help Phone: 1-800-668-6868 www.kidshelpphone.ca